

Anti-Bullying Workshop

Children's Group & Parents' Group



Free Community Event for Children Ages 8-12 & Parents

Location: Columbus Public Library
3000 Macon Road
Columbus, Ga 31906

Date: Thursday, March 8, 2018

Time: 4:00 PM – 5:00 PM. Please arrive by 3:45 PM.

Please **RSVP** by March 2 by calling The Family Center at 706-327-3238
or by e-mail: sspear@thefamilyctr.org

Topics include:

What bullying means, exploring different types of bullying, strategies for dealing with being bullied, helping others who are being bullied, confidence building, and assertiveness. This interactive workshop includes fun activities and discussion.

Snacks provided.

